Let my prayer be set forth as incense before Thee; the lifting up of my hands as an evening sacrifice.
now the hosts of the heavens

Plagal of Second Tone

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Be - hold the ac - com - plished my - sti - cal sac - ri - fi - ce is be - ing es - cort - ed. With faith and long - ing let us draw nigh that we may be - come par - tak - ers of Life ev - er - last - ing.

I will bless the Lord at all times, His praise shall continually be in my mouth. O taste of the Heavenly Bread and of the Cup of Life and see that the Lord is good. Alleluia. Alleluia. Alleluia. Alleluia.

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the first prokeimenon of great lent

Plagal of Fourth Tone

Turn not Thy countenance away from Thy servant, for I am afflicted; quickly hearken unto me. Attend unto my soul and deliver it.

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Verse: May Thy salvation, O God, be quick to help me.
Verse: Let beggars behold it and be glad.
Verse: From the ends of the earth unto Thee have I cried.
Verse: I shall be sheltered in the shelter of Thy wings.
When the Bodiless one learned the secret command, in haste he came and stood before Joseph's dwelling, and spake unto the Maiden who knew not wedlock: The One Who hath bowed the Heavens by His descent is held and contained unchanging wholly in thee. Seeing Him receiving the form of a servant in thy womb, I stand in awe and cry to thee: Rejoice, thou Bride unwedded.
To thee, the champion leader, we thy flock dedicate a feast of victory and of thanks-giving,
as ones rescued out of sufferings, O Theotokos;
but as thou art one with might which is invincible, from all dangers that can be do thou deliver us, that we may cry to thee: Rejoice, thou
Bride unwedded.

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“Rejoice, thou bride unwedded” and “alleluia”

Plagal of Fourth Tone

Rejoice, thou Bride
unwedded

Al - le - lu - i - Al - le - lu - i - a.

The very last kontakion of the Akathist Hymn is repeated thrice, and each time the three-fold Alleluia is chanted after it as follows:

Al - le - lu - ia, Al - le - lu - ia, ... and continue with the melody above.

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Awed by the beauty of thy virginity
And the exceeding radiance of thy purity, Gabriel called out unto thee, O Theotokos: What worthy hymn of praise can I offer unto thee? And what shall I name thee? I am in doubt and stand in awe. Wherefore, as commanded, I cry to thee: Rejoice, O Full of grace.

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